

**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

				<p><b>1</b> 10 a.m. Communion 10 a.m. Aqua Moves 10:45 a.m. Tai Chi w/ Martin 12:00 p.m. Book It! 2 p.m. Jack's Movie Club 5 p.m. Dinner Out Carlos Miguel's 7 p.m. CC Lecture Series 7:30 p.m. CC Opera presents Schu-</p>	<p><b>2</b> 9 a.m. Valley-Hi Golfing 11:15 a.m. Beginner BAM 12:30-1:45 King Soopers 2 p.m. BAM 2-4 p.m. Open Gym 6-7 David Plays Dinner 7 p.m. The "Odd Couple" Play</p>	<p><b>3</b> 9:30 AARP Safe Driving Class 11 a.m. FAC Artist Panel 2 p.m. Wii 4:30 p.m. Manitou Authors Showcase 8 p.m. "When Copeland Spoke"</p>
<p><b>4</b> <u>Weekly Church Services</u> 8:20 a.m. First Pres 10 a.m. Broadmoor Comm 10:30 a.m. St. Paul's 2-3 p.m. David Plays Brunch 3 p.m. Philharmonic Concert</p>	<p><b>5</b> 10 a.m. Group Fitness 10:30 a.m. Senior Social 11 a.m. "Let's Get Started" 11-12 p.m. Open Gym 2-4 p.m. Open Gym 2:30 p.m. Skip Sings 7 p.m. Café Cards &amp; Games</p>	<p><b>6</b> 10 a.m. BP Clinic 10 a.m. Ballroom Dancing 10:30-12 p.m. Senior Group 12:20 pm. CC Women's Exhibit 1:30-3:30 p.m. Billiards, Chess and Bridge 2:30 p.m. Aqua Moves 4:30 p.m. Wine with Toby</p>	<p><b>7</b> 7 a.m. "Walk to School Day" 10 a.m. Group Fitness 10 a.m. Beginner N'Balance 11 a.m. "Let's Get Started" 11-12 p.m. Open Gym 2-4 p.m. Open Gym 2:30 p.m. Sterling House Folk Band 4:30 Women's Reception @ CC</p>	<p><b>8</b> 10 a.m. Communion 10 a.m. Aqua Moves 10:45 a.m. Tai Chi w/ Martin TBD Matinee Movie 2 p.m. Menu Discussion w/ Ivan</p>	<p><b>9</b> 9:30 a.m. UCCS Lecture 11:15 a.m. Beginner BAM 12:30-1:45 Whole Foods/PF Chang 2 p.m. BAM 2-4 p.m. Open Gym</p>	<p><b>10</b> 9 a.m. Pikes Peak Chapter Embroiderers Guild of America 11 a.m. The Met: "Tosca" 12 p.m. Women of St. Raphael's Episcopal Church Fall Festival 2 p.m. Wii</p>
<p><b>11</b> <u>Weekly Church Services</u> 8:20 a.m. First Pres 10 a.m. Broadmoor Comm 10:30 a.m. St. Paul's 4 p.m. UCCS Theatreworks Production</p>	<p><b>12</b> 10 a.m. Group Fitness 11 a.m. "Let's Get Started" 11-12 p.m. Open Gym 1:45 p.m. 4th Grade Buddies 2-4 p.m. Open Gym 3:30 p.m. Activity Update 7 p.m. Café Cards &amp; Games</p>	<p><b>13</b> 9:20 a.m. Women's Breakfast 10 a.m. BP Clinic 10 a.m. "Let's Keep Moving" 10:30-12 p.m. Senior Group 1:30-3:30 p.m. Billiards, Chess and Bridge 2:30 p.m. Aqua Moves 3-5 p.m. Balance/Fall Prevention</p>	<p><b>14</b> 10 a.m. Group Fitness 10 a.m. Beginner N'Balance 11 a.m. "Let's Get Started" 11-12 p.m. Open Gym 2-4 p.m. Open Gym 2:30 p.m. Accordion with Don 7:00 p.m. African Film @ CC</p>	<p><b>15</b> 7-9:30 a.m. Dr. Qualls' Talk 10 a.m. Communion 10 a.m. Aqua Moves 10:45 a.m. Tai Chi w/ Martin 2 p.m. Jack's Movie Club 5 p.m. Dinner Out Flying W</p>	<p><b>16</b> 9 a.m. Ft. Carson Golfing 11:15 a.m. Beginner BAM 12:30-1:45 Safeway 2 p.m. BAM 2-4 p.m. Open Gym 3 p.m. Santana Does Magic!! 4 p.m. Meet Your Neighbor 6 p.m. UCCS Film Program</p>	<p><b>17</b> 10 a.m. Pinon Elem. Festival and Chili Cook-off 10:30 a.m. - 6 p.m. UCCS Film Program 12 p.m. Japanese Festival 2 p.m. Wii 8 p.m. "The Final Frontier"</p>
<p><b>18</b> <u>Weekly Church Services</u> 8:20 a.m. First Pres 10 a.m. Broadmoor Comm 10:30 a.m. St. Paul's 3:30 p.m. Sharon on Flute 4 p.m. Theatreworks "Our Town" 4:30 p.m. UCCS Film Program @ the FAC</p>	<p><b>19</b> 9 a.m. Internet Basics Class 10 a.m. Group Fitness 11 a.m. "Let's Get Started" 11-12 p.m. Open Gym 2-4 p.m. Open Gym 3:30 p.m. UCCS Lecture Series 7 p.m. Café Cards &amp; Games</p>	<p><b>20</b> 10 a.m. BP Clinic 10 a.m. Ballroom Dancing 10:30-12 p.m. Senior Group 1:30-3:30 p.m. Billiards, Chess and Bridge 2 p.m. Free Day @ the FAC 2:30 p.m. Aqua Moves</p>	<p><b>21</b> 10 a.m. Group Fitness 11 a.m. "Let's Get Started" 11-12 p.m. Open Gym 1:30 p.m. Cheyenne Mtn Zoo 2 p.m. Fred on Guitar 2-4 p.m. Open Gym</p>	<p><b>22</b> 10 a.m. Communion 10 a.m. Aqua Moves 10:45 a.m. Tai Chi w/ Martin TBD Matinee Movie 6 p.m. Mexican Ceramic Tour 4 p.m. Brain Chat w/ Brian</p>	<p><b>23</b> 11 a.m. Nurse Chat 12-1:15 Lunch Out - La Baguette 1-4 p.m. One-on-One Estate Plan 2-4 p.m. Open Gym 6:30 p.m. Wine and Roses</p>	<p><b>24</b> 11 a.m. The Met: "Aida" 12 p.m. Manitou Springs "Coffin Races" 2 p.m. Wii</p>
<p><b>25</b> <u>Weekly Church Services</u> 8:20 a.m. First Pres 10 a.m. Broadmoor Comm 10:30 a.m. St. Paul's 2 p.m. "Broadway Bound" 2:30 p.m. "We'll Always Have Paris"</p>	<p><b>26</b> 10 a.m. Group Fitness 11 a.m. "Let's Get Started" 11-12 p.m. Open Gym 12:30 p.m. Cooking with Kirkland 2 p.m. Smokebrush Gallery 2-4 p.m. Open Gym 3:30 p.m. Activity Update 7 p.m. Café Cards &amp; Games</p>	<p><b>27</b> 9-10 a.m. BAM Assessments 10 a.m. BP Clinic 10 a.m. Ballroom Dancing 10:30-12 p.m. Senior Group 1:30-3:30 p.m. Billiards, Chess and Bridge 2:30 p.m. Skip Sings 2:30 p.m. Aqua Moves</p>	<p><b>28</b> 10 a.m. Group Fitness 10 a.m. Beginner N'Balance 11 a.m. "Let's Get Started" 11-12 p.m. Open Gym 1:30 p.m. Money Museum 2-4 p.m. Open Gym 2:45 Pinon Elementary Parade 3:30 p.m. Next Activity Discussion</p>	<p><b>29 [Cripple Creek]</b> 9-11 a.m. BAM Assesments 10 a.m. Communion 10 a.m. Aqua Moves 10:45 Tai Chi w/ Martin 2 p.m. Jack's Movie Club</p>	<p><b>30</b> 9 a.m. Peterson AFB Golfing 10 a.m. Medicare Workshop 1-2 p.m. Yoga Sampler 2:30 p.m. September b-day Party 2-4 p.m. Open Gym 7:30 p.m. CC Concert Series</p>	<p><b>31 [Halloween Party]</b> 2 p.m. Wii</p>