

# August 2010 Independent Living Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <b>Weekly Church Services</b> <b>8:20am</b> First Pres <b>10am</b> Broadmoor Comm <b>10:30am</b> St. Paul's <b>10-3pm</b> The World is Process (FAC)	<b>2</b> <b>9:30am</b> Book Mobile <b>10am</b> Group Fitness <b>10am</b> Bible Study <b>10-3pm</b> Farmer's Market (AP) <b>11am</b> "Let's Get Started" <b>1-4:30pm</b> Open Gym	<b>3</b> <b>10am</b> Aqua Moves <b>11am</b> Tai Chi <b>1:30-3:30pm</b> Pool, Chess and Board Games <b>6-9pm</b> Wine Tasting (FRI)	<b>4</b> <b>8-12am</b> IL BP & O <sub>2</sub> Check <b>10am</b> Group Fitness <b>11am</b> "Let's Get Started" <b>1-4:30pm</b> Open Gym <b>2pm</b> Activity Update <b>3pm</b> Farm & Art Mkt. (ATB) <b>6:30pm</b> Hillside Concert (HG)	<b>5</b> <b>8-12am</b> IL BP & O <sub>2</sub> Check <b>9am</b> Gardening with Chris <b>10am</b> Communion <b>10am</b> Aqua Moves <b>11am</b> Tai Chi <b>2:15pm</b> BINGO! <b>6-10pm</b> Moonlight on the Mountain (CMZ)	<b>6</b> <b>9-5pm</b> El Pomar Carriage Museum (LC) <b>1-4:30pm</b> Open Gym <b>1-2:15pm</b> Safeway	<b>7</b> <b>9-2pm</b> Farmer's Market (OCC) <b>11:30am</b> Lunch Out- Carabbas <b>2-4pm</b> Debutante Cake Auction <b>7:30pm</b> The Cotton Club (ST)
<b>8</b> <b>Weekly Church Services</b> <b>8:20am</b> First Pres <b>10am</b> Broadmoor Comm <b>10:30am</b> St. Paul's <b>7pm</b> Antiquarian Book Seminar (CC)	<b>9</b> <b>10am</b> Group Fitness <b>10am</b> Bible Study <b>10-3pm</b> Farmer's Market (AP) <b>11am</b> "Let's Get Started" <b>1-4:30pm</b> Open Gym <b>7pm</b> Music Series (CC)	<b>10</b> <b>10am</b> Aqua Moves <b>10-5pm</b> Earl Bliss (FAC) <b>10:30am</b> Men's Lunch w/ Robert WWII Tribute @ The Peak Grill <b>11am</b> Tai Chi <b>1:30-3:30pm</b> Pool, Chess and Board Games	<b>11</b> <b>8-12am</b> IL BP & O <sub>2</sub> Check <b>10am</b> Group Fitness <b>11am</b> "Let's Get Started" <b>1-4:30pm</b> Open Gym <b>3pm</b> Farm & Art Mkt. (ATB) <b>4:30pm</b> Wine w/ Toby <b>6pm</b> Jazz & Swing Concert (GPWR)	<b>12</b> <b>8-12am</b> IL BP & O <sub>2</sub> Check <b>9am</b> Gardening / (Broadmoor) <b>10am</b> Communion <b>10am</b> Aqua Moves <b>11am</b> Tai Chi <b>2:15pm</b> BINGO! <b>4:30pm</b> Dinner Out Joe's Crab Shack <b>7pm</b> Black Rose Acoustic Society (CR)	<b>13</b> <b>10-5pm</b> Rock Ledge Range Historic Site (GR) <b>10:30am</b> Ever Care Mini Horse <b>1-4:30pm</b> Open Gym <b>1-2:15pm</b> King Soopers <b>5:30pm</b> David Through Dinner	<b>14</b> <b>9-2pm</b> Farmer's Market (OCC) <b>6pm</b> Exposition Fashion Art Show (NCA)
<b>15</b> <b>Weekly Church Services</b> <b>8:20am</b> First Pres <b>10am</b> Broadmoor Comm <b>10:30am</b> St. Paul's <b>9-2pm</b> Arts & Crafts (MS) <b>11am</b> Sunday Brunch <b>1-6pm</b> Craft Lager Festival (OCC)	<b>16</b> <b>9:30am</b> Book Mobile <b>10am</b> Group Fitness <b>10am</b> Bible Study <b>10-3pm</b> Farmer's Market (AP) <b>11am</b> "Let's Get Started" <b>1-4:30pm</b> Open Gym <b>2pm</b> Village Voices <b>7pm</b> Little London Winds (MS)	<b>17</b> <b>9:15am</b> Men's Breakfast <b>9:30-3:30pm</b> Park Meadows Mall <b>10am</b> Aqua Moves <b>10-5pm</b> Religious Works (FAC) <b>11am</b> Tai Chi <b>1:30-3:30pm</b> Pool, Chess and Board Games <b>7-9pm</b> Secret Garden Series (19th)	<b>18</b> <b>8-12am</b> IL BP & O <sub>2</sub> Check <b>10am</b> Group Fitness <b>11am</b> "Let's Get Started" <b>1-4:30pm</b> Open Gym <b>2pm</b> Activity Update <b>2:30pm</b> Keith Allen Music <b>3pm</b> Farm & Art Mkt. (ATB) <b>3:30pm</b> Wine w/ Sam <b>6-8pm</b> Big Picture Discussion Group (MS)	<b>19</b> <b>8-12am</b> IL BP & O <sub>2</sub> Check <b>9:15am</b> Women's Breakfast <b>10am</b> Gardening with Chris <b>10am</b> Communion <b>10am</b> Aqua Moves <b>11am</b> Tai Chi <b>2:15pm</b> BINGO! <b>7pm</b> Floyd Plays Jazz <b>7:30pm</b> Merry Wives of Windsor (GR)	<b>20</b> <b>11:30-1pm</b> Friday Concert (AH) <b>12-2pm</b> Whole Foods <b>1-4:30pm</b> Open Gym <b>5-8pm</b> Sunset Celebration Music (CMR)	<b>21</b> <b>9-2pm</b> Farmer's Market (OCC) <b>11-4pm</b> Pillar Peach Extravaganza <b>11-4pm</b> Silver Key Bake Sale <b>11:30am</b> Lunch Out- Red Robins- yummmmm <b>4-8pm</b> Stockers Cruise Nights in Car Show (GOG) <b>6:15-9:30pm</b> Mystery Dinner Show (ES)
<b>22</b> <b>Weekly Church Services</b> <b>8:20am</b> First Pres <b>10am</b> Broadmoor Comm <b>10:30am</b> St. Paul's <b>10:45-2:00pm</b> Brunch @ Mountain View (CMR) <b>6-9pm</b> UCCS Talent Show (UCCS)	<b>23</b> <b>10am</b> Group Fitness <b>10am</b> Bible Study <b>10-3pm</b> Farmer's Market (AP) <b>11am</b> "Let's Get Started" <b>1:00-4:30pm</b> Open Gym	<b>24</b> <b>10am</b> Aqua Moves <b>10-2pm</b> The World is Process (FAC) <b>11am</b> Tai Chi <b>1:30-3:30pm</b> Pool, Chess and Board Games <b>7-10pm</b> Ceili Band (JQIP)	<b>25</b> <b>8-12am</b> IL BP & O <sub>2</sub> Check <b>10am</b> Group Fitness <b>10am</b> Free Learn to Sew Group (MSV) <b>11am</b> "Let's Get Started" <b>1-4:30pm</b> Open Gym <b>3pm</b> Farm & Art Mkt. (ATB) <b>3:30pm</b> Brent on Guitar	<b>26</b> <b>8-12am</b> IL BP & O <sub>2</sub> Check <b>9am</b> Gardening with Chris <b>10am</b> Communion <b>10am</b> Aqua Moves <b>11am</b> Tai Chi <b>2:15pm</b> BINGO! <b>4:30pm</b> Dinner Out The Flatirons	<b>27</b> <b>10am</b> BAM <b>11am</b> FIRE DRILL <b>1-4:30pm</b> Open Gym <b>1-2:15pm</b> Safeway <b>3:30pm</b> Matthew on Guitar <b>5-8pm</b> The Sunset Celebration (CMR)	<b>28</b> <b>9-2pm</b> Farmer's Market (OCC) <b>9-2pm</b> Art's & Crafts on Pikes Peak Avenue (OCC) <b>10am</b> Jeremy Bloom Wish of a Lifetime <b>8:30pm</b> Tavern Orchestra (BH)
<b>29</b> <b>Weekly Church Services</b> <b>8:20am</b> First Pres <b>10am</b> Broadmoor Comm <b>10:30am</b> St. Paul's <b>2:30pm</b> The Secret Garden (MT)	<b>30</b> <b>9:30am</b> Book Mobile <b>10am</b> Group Fitness <b>10am</b> Bible Study <b>10-3pm</b> Farmer's Market (AP) <b>11am</b> "Let's Get Started" <b>12pm</b> YMCA Basketball (YMCA) <b>1-4:30pm</b> Open Gym <b>6:30pm</b> Blue Grass Jam (NCS)	<b>31</b> <b>10am</b> Aqua Moves <b>11am</b> Tai Chi <b>1:30-3:30pm</b> Pool, Chess and Board Games <b>6-9:45pm</b> Chateau Dinner Theatre (MS) <b>6-9pm</b> UCCS Talent Show (UCCS)	<b>Abbreviations:</b> AH = Antler's Hotel SC = Senior Center CC = CO College FAC = Fine Arts Center MAT = Manitou Art Theater MS = Manitou Springs PPC = Pikes Peak Center UCCS = Univ. of CO @ COS GOG = Garden of the Gods MSV = Myers Sewing & Vacuum MT = Marionette Theatre NCA = North Cascade Ave. 19th = 19th Street TT = Tinsletown AP = Acacia Park NLP = Nancy Lewis Park BH = Broadmoor Hotel CMR = Cheyenne Mountain Resort NCS = Nemo's Coffee Shop ATB = America the Beautiful Park OCC = Old Colorado City TS = Tejon Street LC = Lake Circle ST = Stargazers Theatre ES = Embassy Suites GPWR = Gateway Park @ Wolf Ranch GR = Gateway Road FRI = Fratelli Ristorante Italiano JQIP = Jack Quinn Irish Pub CMZ = Cheyenne Mountain Zoo CR = Chelton Road			<b>Happy Birthday!</b> BJ. W. 7th Peggy M. 12th Trish S. 14th Ivan S. 15th Henry H. 15th Sarah C. 18th Kathy B. 21st Amy S. 21st Dot G. 22nd 