


AL SEPTEMBER ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9am Current Events 10am Sit and Be Fit 1-3pm Open Gym/Crafts 3pm Aqua Moves 6pm Outside Social	2 9am Bingo 11am Picnic 1:30pm Tai Chi 2:30pm Hair Do's/ Nails 6pm Sky Sox Game	3 9am Gardening 9:30am Communion 10:30 Aqua Moves 1-3pm Open Gym/ Baking 4pm Crafts 6pm Word Games	4 9am BAM 10:30am Air Force Academy** 2:30 Piano w/Skip 4pm Sing A Long 6pm Puzzles	5 9am Crafts 10am Manitou Festival 1pm Ice Cream Drive** 4pm Walking Club
		6 9am Sunday Paper 10am Garden Visit 2pm Jewelry Making 4pm Crafts	7 9am Book Mobile 10:30am Tea/Bible Study 1pm Crafts 2:30pm Billiards/ Dominos 6pm Balloon Volleyball	8 9am New/TV 10am Sit and Be Fit 1-3pm Open Gym 2pm Joann on Harp 3pm Aqua Moves 6pm Outside Social	9 9am Bingo 11am Crafts 1:30pm Tai Chi 2:30 Don on Accordion 3pm Hair Do's/ Nails 6pm Movie Night	10 9:30am Communion 10:30 Aqua Moves 1-3pm Open Gym/Baking 4pm Brain Chat w/Brian 6pm Outside Social
13 9am Sunday Paper 10am Garden Visit 2pm Uno 4pm Crafts	14 9am Jokes/Trivia 10:30am Tea/Bible Study 1pm Scenic Drive** 1:45pm 4 Grade Buddies 2:30pm Billiards/Dom. 6pm Wii	15 9am Current Events 10am Sit and Be Fit 1-3pm Open Gym 3pm Aqua Moves 6pm Outside Social	16 9am Bingo 11am Crafts 1:30pm Tai Chi 2pm Fred on Guitar 2:30pm Hair Do's/ Nails 6pm Movie Night	17 Canyon City/Lunch* 9:30am Communion 10:30 Aqua Moves 1-3pm Open Gym/Baking 4pm Crafts 6pm Word Games	18 9am BAM 11am Lunch @ Solo** 2pm Volunteer Packaging 6pm Puzzles	19 MEMORY WALK 9am Bingo 10am Crafts 2pm Schwartz Kids 4pm Walking Club
20 9am Sunday Paper 10am Garden Visit 2pm Jewelry Making 4pm Crafts	21 9am Book Mobile 10:30am Tea/Bible Study 1pm Scenic Drive** 2:30pm Billiards/UCCS Lecture 6pm Balloon Volleyball	22 FIRST DAY FALL 9am News/TV 10am Sit and Be fit 1-3pm Open Gym/crafts 3pm Aqua Moves 6pm Outside Social	23 9am Bingo 11am Crafts 1:30pm Tai Chi 2:30pm Hair Do's/ Nails 6pm Movie Night	24 CRIPPLE CREEK 9:30am Communion 10:30 Aqua Moves 11:05 Nurse Chat 1-3pm Open Gym/Baking 4pm Crafts 6pm Outside Social	25 9am BAM 10:30am Fire House Museum** 2:30 B-Day Party 4pm Piano w/ Betty Joe 6pm Wii	26 9am Bingo 10am Crafts 2pm Afternoon Movie 4pm Walking Club
27 9am Sunday Paper 10am Garden Visit 2pm Gold Fish 4pm Crafts	28 9am Jokes/Trivia 10:30am Tea/Bible Study 1pm Scenic Drive** 2:30pm Billiards/Dom. 6pm Wii	29 9am Current Events 10am Sit and Be Fit 1-3pm Open Gym 2:30 pm Piano w/Skip 3pm Aqua Moves	30 9am Bingo 11am Picnic 1:30pm Tai Chi 2:30pm Hair Do's/ Nails 6pm Movie Night	September Birthdays Michelle L. September 21st Activities with ** require you to bring money		