



Palisades Assisted Living October Activities 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 9:30 Daily News 10am BINGO 11:20am Walking Club 1-2pm Memories in the Making 2:30pm Main Floor Scenic Drive 6pm Resident Social Hour with Wheel of Fortune and Jeopardy on CBS (channel 10)	
2 9am Church/Inspirational Devotions on TV(channel 28) 11am Jewelry Making or Crafts 1:30pm Board Games 4pm Brain Game Social Hour 6:30pm Movie Night w/ Popcorn	3 9am Daily News 9:45am Bible Study and Tea Time 10am Book Mobile 10:45 Trivia with Lisa 1:30pm Top Floor Scenic Drive 3pm Art Class with Mick 6:30pm T.V. Classics	4 9:15am Daily News 10am Sit and Be Fit 10:45am Aqua Moves 1pm-3pm Open Gym 3pm Ballet Emmanuel 6:30pm Bible Study/Devotions or Movie	5 9:15 Daily News 10am Women's Group 11am Pastor Gibson 1:30pm BINGO 2:45 Men's Group 3pm Walking Club 4pm Dinner Out 6:30pm Movie Night w/ Popcorn	6 9:30 Communion 10am Sit and Be Fit 10:45am Aqua Moves 1pm-3pm Open Gym 3pm Manicure Madness 6:30pm Evening Music	7 9am Letter Mail Delivery 10am-11am BAM 11am Walking Club 1:30pm Crafts w/ Jean & Renae 1:30pm-2:30pm Shopping-King Sooper's 2:30 Zorian Music 6:30pm T.V. Classics	8 9:30 Daily News 10am BINGO 11:20am Walking Club 1-2pm Memories in the Making 2:30pm Main Floor Scenic Drive 6pm Resident Social Hour with Wheel of Fortune and Jeopardy on CBS (channel 10)	
9 9am Church/Inspirational Devotions on TV(channel 28) 11am Jewelry Making or Crafts 1:30pm Board Games 4pm Brain Game Social Hour 6:30pm Movie Night w/ Popcorn	10 9am Daily News 9:45am Bible Study and Tea Time 11am Kritter Karavan 1:30pm Top Floor Scenic Drive 3pm Art Class with Mick 6:30pm T.V. Classics	11 9:15am Daily News 10am Sit and Be Fit 10:30am Lunch OUT-WWII Veterans w/Robert 10:45am Aqua Moves 1pm-3pm Open Gym 3:30pm Live Storytelling with Denise 6:30pm Bible Study/Devotions or Movie	12 9:15 Daily News 10am Women's Group 11am Guided Relaxation W/ Amy 1:30pm BINGO 1:30pm Pillar Class in Media Room 2:45 Men's Group 3pm Walking Club	13 9:30 Communion 10am Sit and Be Fit 10:45am Aqua Moves 11:15am Suellen Dancing 1pm-3pm Open Gym 1:45pm Shopping 3pm Manicure Madness 6:30pm Evening Music	14 9am Letter Mail Delivery 10am-11am BAM 11am Walking Club 11:00 Lunch Out at Culver's 1:30pm Ecuador Experience w/ Amanda 3pm Don Chilo on Accordion 6:30pm T.V. Classics	15 9:30 Daily News 10am BINGO 11:20am Walking Club 1-2pm Memories in the Making 2:30pm Main Floor Scenic Drive 6pm Resident Social Hour with Wheel of Fortune and Jeopardy on CBS (channel 10)	
16 9am Church/Inspirational Devotions on TV(channel 28) 11am Jewelry Making or Crafts 1:30pm Board Games 4pm Brain Game Social Hour 6:30pm T.V. Classics 6:30pm Movie Night w/ Popcorn	17 9am Daily News 9:45am Bible Study and Tea Time 10am Book Mobile 10:45am Trivia with Lisa 1:30pm Top Floor Scenic Drive 3pm Art Class with Mick 3pm UCCS Lecture Series in Media Room	18 9:15am Daily News 10am Sit and Be Fit 10:45am Aqua Moves 1pm-3pm Open Gym 6:30pm Bible Study/Devotions or Movie	19 9:15 Daily News 10am Women's Group 11am Pastor Gibson 1:30pm BINGO 2:45 Men's Group 3pm Walking Club 4pm Dinner Out 6:30pm Movie Night w/ Popcorn	20 9:30 Communion 10am Sit and Be Fit 10:45am Aqua Moves 1pm-3pm Open Gym 1:45pm Shopping 3pm Manicure Madness 6:30pm Evening Music	21 9am Letter Mail Delivery 10am-11am BAM 11am Walking Club 1:30pm Crafts w/ Jean & Renae 3:30pm Skip Sings 6:30pm T.V. Classics	22 9:30 Daily News 10am BINGO 11:20am Walking Club 1-2pm Memories in the Making 2:30pm Main Floor Scenic Drive 6pm Resident Social Hour with Wheel of Fortune and Jeopardy on CBS (channel 10)	
23 9am Church/Inspirational Devotions on TV(channel 28) 11am Jewelry Making or Crafts 1:30pm Board Games 4pm Brain Game Social Hour 6:30pm T.V. Classics 6:30pm Movie Night w/ Popcorn	24 9am Daily News 9:45am Bible Study and Tea Time 11am ZooMobile 2:30pm Make Halloween Houses 6:30pm T.V. Classics	25 9:15am Daily News 10am Sit and Be Fit 10:45am Aqua Moves 1pm-3pm Open Gym 2pm-4pm Walktoberfest 6:30pm Bible Study/Devotions or Movie	26 9:15 Daily News 10am Women's Group 11am Guided Relaxation W/ Amy 1:30pm BINGO 2:45 Men's Group 3pm Walking Club 3:30pm "A Taste of Home" 6:30pm Movie Night w/ Popcorn	27 9:30 Communion 10am Sit and Be Fit 10:45am Aqua Moves 11:15am Suellen Dancing 1pm-3pm Open Gym 3pm Manicure Madness 4:15pm Resident Meeting w/ Erica 6:30pm Evening Music	28 9am Letter Mail Delivery 10am-11am BAM 10:30am Evercare Mini Horses 11am Walking Club 11am Lunch Out 1:30pm Jim on Guitar and Singalong 1:30pm-2:30pm Shopping-Safeway 2:30pm October Birthday Party 6:30pm T.V. Classics	29 9:30 Daily News 10am BINGO 11:20am Walking Club 1-2pm Memories in the Making 2:30pm Main Floor Scenic Drive 6pm Resident Social Hour with Wheel of Fortune and Jeopardy on CBS (channel 10)	
30 9am Church/Inspirational Devotions on TV(channel 28) 11am Jewelry Making or Crafts 1:30pm Board Games 3pm-5pm Trick-or-Treat at the Palisades 4pm Brain Game Social Hour 6:30pm T.V. Classics	31 9am Daily News 9:45am Bible Study and Tea Time 1:30pm Top Floor Scenic Drive 3pm Art Class with Mick 6:30pm T.V. Classics						